



# MAKE IT STICK

5 Simple Ways You Can Make This Lesson Stick With your Kids

## Ice Cream Lesson 3

### THIS WEEK'S LESSON: BANANA SPLIT



#### IN THE CAR:

Ask your child what they learned about this week on the drive home:

Sometimes things happen in life that really hurt us. It can feel like our hearts are split in two. But just like ice cream makes a split banana taste better, Jesus can make our hurts feel better too. Mark 9:14-29, Jesus Heals a Boy Possessed by an Impure Spirit



#### HANGING OUT:

Make this week's lesson real:

How many things can you and the kids think of that have to be split, opened, or broken in order to make them into something good? Bananas for banana splits? Eggs? Easter eggs? How is that similar to how God makes something good from our hurts.



#### AT DINNER:

Here are some great discussion starters:

- Why were the father and son in this story "broken"?
- How did Jesus say the boy could be healed?
- What should we do when our hearts are broken?



#### AT BEDTIME:

Quiz your child on this week's memory verse:

*"Taste and see that the Lord is good; blessed is the one who takes refuge in him."*  
Psalm 34:8 (NIV)



#### PARENT TIME:

What you need to know:

Jesus wants us to give him our brokenness, trusting him through prayer to heal us. Ask God to take away something hurting you this week so that your life can be a little sweeter.